



AGRICULTURE, FORESTRY
& THE ENVIRONMENT

November 2022



The Maine Academy of Natural Sciences

MeANS Community,

We had an incredibly busy October with the completion of Intensives and the **NWEA** and **Accuplacer** assessments. I am happy to report that our participation in all assessments has been outstanding and students have been pleased with their scores. Additionally, attendance has improved schoolwide and we have an impressive list of students with perfect attendance! Thank you to all the parents that responded to our letters home.

It has come to our attention that several families have not submitted their **Technology Fee** for the current school year. We are very excited to issue new Chromebooks to all our juniors and seniors which emphasizes the need for this. Please see Joyce in our main office to pay

your fees.

We held our first day of **Student Led Conferences** yesterday and they went very well. It's always nice to see families and siblings! If you haven't already, please be sure to sign up for next Monday, 11/14.

As always, please reach out with any questions, concerns, or wild ideas!

Matt Newberg

Head of School

mnewberg@meansacademy.org

238.4102

Student Led Conferences

- Fall 2022 -

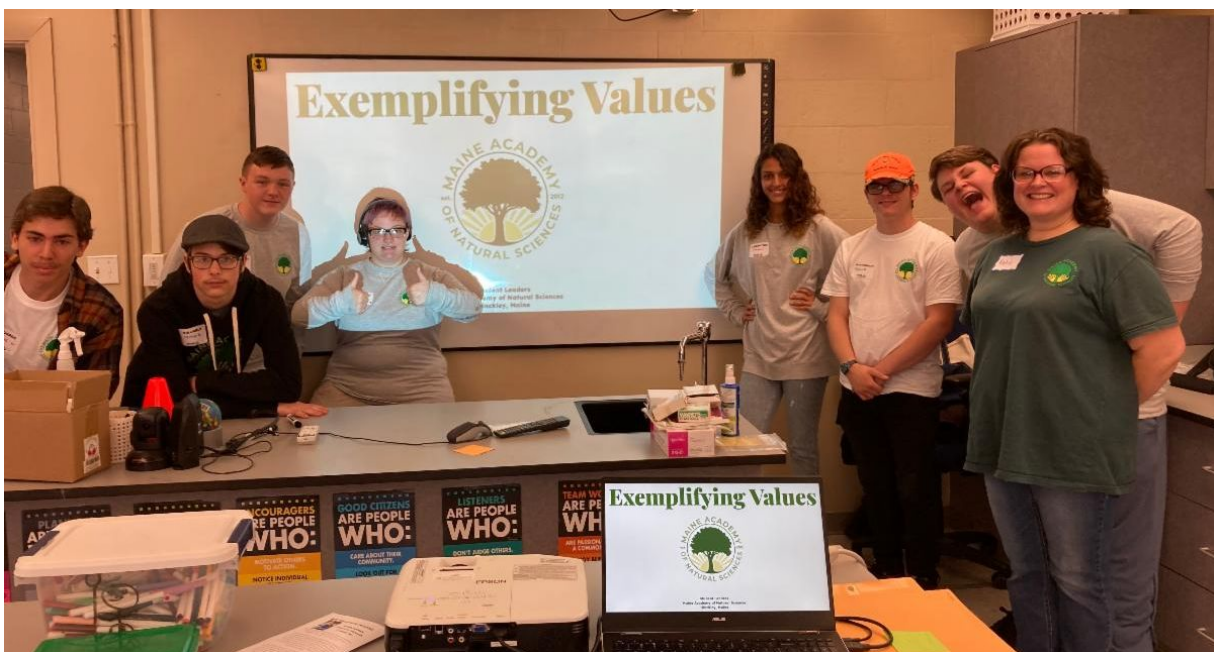
Monday, November 7th

10:00 am - 5:00 pm

Monday, November 14th

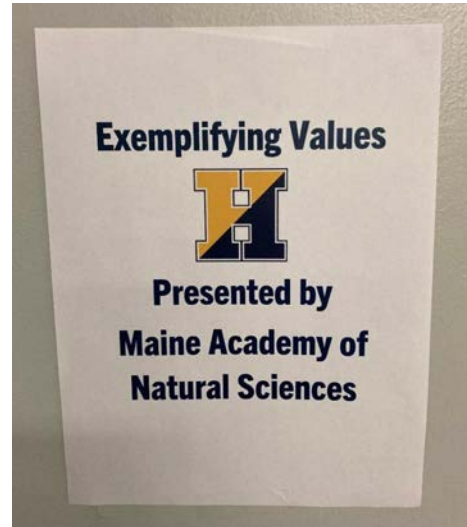
10:00 am - 5:00 pm

Maine Academy of Natural Sciences







MeANS Student Leaders recently presented at Hyde School's annual leadership summit in Bath, Maine. The event was attended by over 1,200 students from 70 Maine middle and high schools. The event kicked off with keynote speaker Shawn Gorman of L.L.Bean, before students broke into groups for presentations. The MeANS crew presented on our school values and how they are exemplified in all our school activities from classes to Intensives to field trips.

At the conclusion of the event, sophomore John Batchelder joined a panel of twelve other students to answer questions in front of the entire audience. It was a huge step of **COURAGE**, way to go John!



#leadersofthe207




MAINE YOUTH LEADERSHIP DAY

The Courage to Lead
The importance of what it takes to be a leader with empathy, persistence and determination.

Thursday, November 3, 2022
 9:00 AM – 1:30 PM
 Hyde School, Bath, ME




Keynote Speaker
Shawn Gorman, Executive Chairman L.L.Bean, Inc.

Leadership Day highlights include:

- Bringing together a field of distinguished adults and aspiring student leaders from the great state of Maine.
- A day to explore the importance of taking first steps towards tackling challenges and persevering through obstacles with determination.
- Helping students develop a heightened sense of personal self, empathy towards others, and to discover their unique potential as a leader.

This free event includes lunch, snacks and skills that last a lifetime.
 To register a student group, please contact: Stefan Jensen at sjensen@hyde.edu or at 207-443-7380
www.hyde.edu/MaineLeaders



Longtime MeANS teacher and outreach coordinator moves into new **social work position**. Grace Hilmer has been with MeANS since 2014 after getting a Master's degree in school counseling and working in

alternative school settings elsewhere around the state. Grace looks forward to continuing her work with MeANS students and families in this new capacity as we all work together to become happier and healthier and lead fulfilling lives. You can contact Grace at ghilmer@maineacademy.org or 238-4114.



SCHOOL CALENDAR REVISION

We made a few minor edits to our school calendar. We re-shuffled the Community Learning Day, SLCs, and Threshold Monday in May, as well as shifting an In-Service day in June. The new school calendar is posted on our website and can be found here:

[School Calendar v.2](#)



October's RINGER



The Ringer is a monthly award given to faculty and staff at the Maine Academy of Natural Sciences. It represents the individual's outstanding commitment to student growth.

October's recipient was Threshold Teacher,
Ana Rothschild

Here is what her colleagues have to say:

"When developing a new and innovative program at MeANS, this teacher was exactly the one to have on board from the very start. This teacher never cowers to what some may see as difficult situations. She dedicates herself to the project at hand and always works with a solutions-based focus. Always focusing on the individual needs of each student, while at the same time holding them accountable for meeting all academic expectations.

This teacher recently spent countless extra

hours helping to onboard and train our newest Threshold team member."



"When we think of the levels of support possible for our students - we think of Ana. Ana has set, and is, the gold standard for the lengths to which she will go to support her students. Academically, Ana is the master when it comes to a curriculum crafted to meet student needs. Whether wide-ranging and diverse or narrowly specific to meet a niche topic a student mentions as a possible interest, and her Empower assignments were done yesterday to meet it. When it comes to supporting the diversity of our students and basic human rights for all, Ana is a megaphone for students' rights, equal access for all, and for inclusion and acceptance into our democracy."

"It would be easy to rave about Ana's intellect. She has an amazing range of knowledge and interests. Her artistic endeavors are skilled and often breathtaking. But there are a lot of smart people out there, as well as a lot of good artists. What is uncommon about Ana is the extent and scope of her compassion. Ana has one of the biggest hearts around. If you are one of Ana's students and you need help – she will be there, if your cat needs help she will be there too. If you're a teacher she will be there. If you need bales of hay thrown onto a truck, she'll be there to stack them."

Look! MeANS made it to the White Mountains!!!



Curriculum Corner

MeANS' First Literary Magazine

Last Spring, with the support of students from our creative writing club, we gathered an incredible collection of stories, poems, photographs, and digital art from students and teachers alike and published our school's first literary magazine!

For our upcoming winter issue, we are looking for submissions on the theme of "Transformation" in the form of poems, songs, photographs, paintings, and drawings. Please send all work to ecoleman@maineacademy.org!



What It Means

Volume 2: *Transformation*



Send Your Poetry, Photos, Paintings,
Drawings, Doodles, Songs, Stories,
and Scribbles to:

ecoleman@maineacademy.org

If you are interested in viewing a digital copy of our magazine, "What It Means" please scan the QR code below. Printed copies are also available for \$5.00 at school!



Monday Academic Support for Quarter 2

Lastly, as we wrap up Quarter 1 on campus, if your son or daughter are in need of extra support with their academic work, we will be offering Monday Academic Support Sessions on campus. Limited transportation is available, and students can sign up for either the 9:00 - 11:00 a.m. slot or the 12:00 - 2:00 p.m. slot.

Please email ecoleman@maineacademy.org if you are interested!

Threshold News

October 31st was not only Halloween, it was a Threshold Monday! We were fortunate to have Meredith Atwood who is an Athletic Trainer at Colby College volunteer her time to train our students in first aid and CPR. And, we had let our students know that Yes, they could dress in Halloween costumes. As a result we had 33 Threshold students, including a witch, a hot dog, a bone collector, Beetlejuice, a cowgirl, a bunny, a devil, a fortune teller, and a pop tart, all learning CPR on mannequins loaned by Colby College. Students were very into learning these potentially life saving techniques that can be carried with them wherever they go. Did you know that the beat of the Bee Gees song Stayin' Alive is the beat needed for the chest compressions portion of CPR? (see 25 second video)



This was only our second Threshold Monday of the 22/23 school year, and it was a fun one. We were able to pass out T-shirts with special volunteerism badges (see write up by Emanuel Pariser and Stephanie Ward). Just before lunch we had an exciting presentation from Flora Stack who is the Coordinator of Satellite Campuses and Concurrent Enrollment at KVCC. Flora came with brand new tablets and keyboards to present to our students who are taking college classes at KVCC. The Threshold students who received these gifts are, Chloe Bates, Haley Berube (both pictured with Flora), Parris Patterson, and Zoe Dill.



A Rewarding Art Project

The idea: creating community, working for the common good and getting acknowledged through the making of service badges for Threshold Monday participants.

Threshold new student Genarosa Hamlin and Stephanie Ward (her teacher) came up with a crafty hands-on project: creating badges for each place that Threshold students volunteer on Threshold Mondays. These badges will be attached to T-Shirts that will be given to each Threshold student who participates in our Monday program.

Our first service project happened at the Maine Organic Farmers and Growers fairground in Unity Maine. Some students and teachers helped to recycle the trash and leftovers from the Common Ground Country Fair. Others walked the fairgrounds gathering soaked and heavy hay bales and moving them to a central location.

Stephanie is teaching Gena how to use a Cricut (pronounced cricket), to make the badges for this volunteer experience. The Cricut is a computer operated cutting machine that will help Gena design and manufacture the first badge of the year. This project will address targets in both Art and Guiding Principles.

Emanuel



FREE MONEY FOR COLLEGE.

(seriously.)

Don't miss out. File your FAFSA early.

There's money available to help pay for education and training beyond high school, but you need to file the FAFSA to be considered for it. Filing early is the best way to get the most financial aid. Need help filing your FAFSA? FAME offers help for free.

Application available October 1

Get started: fafsa.gov

Get help: famemaine.com/fafsa

YOU MIGHT BE WONDERING...

What's a FAFSA?

The FAFSA is the free Application for Federal Student Aid. Colleges and universities use this application to determine your financial aid eligibility.

Really? Free money?

The FAFSA is used by all schools to offer federal and state financial aid. Most schools also use the FAFSA to determine eligibility for their financial aid. This can include grants and scholarships (FREE) as well as federal student loans. Many organizations also require a FAFSA before awarding scholarships.

I haven't applied to any colleges yet. Can I still file?

Yes. Don't wait to apply for financial aid – you can file your FAFSA even if you're still deciding on your plans for next year. Filing your FAFSA as early as possible is the best way to get the most financial aid you can.

Will I qualify for financial aid?

Every student should file the FAFSA. There's no income cut off for financial aid.

How do I apply?

Apply online at fafsa.gov. The FAFSA becomes available each year on October 1. Financial aid funds are limited, so the sooner you file the FAFSA after October 1, the better chance you'll have to get FREE grants and scholarships.

Do I have to file every year?

Yes. To be considered for financial aid, you must file a FAFSA each year. After your first year, you'll be able to file a renewal FAFSA at fafsa.gov, making it even easier.

HAVE QUESTIONS? GET HELP FROM FAME

We know that filing the FAFSA can be confusing. FAME is here to help.

Get help at [FAMEmaine.com/fafsa](https://famemaine.com/fafsa). Comprehensive information for Mainers about the FAFSA.

Talk to a FAME FAFSA expert

Call or email with any questions you have. 800-838-0734 | TTY: 207-426-2717 education@famemaine.com

Join the "PayingForCollegeForME" Facebook group

A community where parents, caregivers and others can discuss how to navigate the higher-ed process.

Sign up for a FREE coaching session

One-on-one help is available. Schedule an appointment at famemaine.com/fafsa/coach

Follow FAME online

Find us as FAME Maine on social media for timely tips on paying for higher education.



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Notes from Dean Danni



Reminder to

Seniors: FAFSA Night - November 10, 6pm. The Class of 2023 can attend Maine community colleges tuition free (but must complete the FAFSA). Even if you are uncertain about your future plans, completing the FAFSA and exploring programs at the Community Colleges is a great idea!!! Check your emails for upcoming notices!!!

"And remember, you can be anything you want in the world, please be kind!"



'Tis the season...

For Swag!!



*Decorated (\$15)**



*UnDecorated (\$12)**

It's that time of year again! The air is crisp, the leaves have fallen, and MeANS students are making swags!! These make great Christmas gifts and look fabulous on any front door. Students are excited about the opportunity to make these swags. Not only because of the standards we will meet, but the hands-on experience that will get us into the holiday season!!

**Prices may vary. Contact jchase@meansacademy.org with any questions.*

COVID Protocol Reminders.

COVID continues to be a challenge and we must remain diligent in our efforts to keep our community safe. If your student is absent due to symptoms or a positive test, please communicate this information to our Office Manager, Joyce Ryan at 238-4100. If you have further questions or need clarification, please contact our School Nurse, Jessica Mitchell 509-0182.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you have been vaccinated

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home.

Title I, ESEA DASHBOARD

To find out more about MeANS schoolwide Title I Program, a link to the ESEA Dashboard can be found here: [dashboard](#). For more information, please contact Title I Coordinator, Rand Smith at rsmith@meansacademy.org.

IMPORTANT DATES

11/10 FAME Night

11/11 No School, Veterans Day

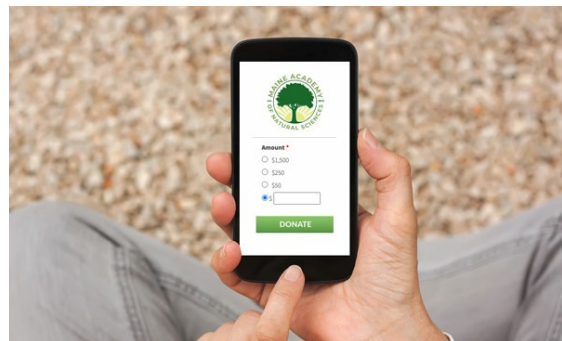
11/14 Student Led Conferences

11/22-25 Thanksgiving Break

11/28 Community Learning Day



BY ALL
MeANS



DONATE NOW

Your tax-deductible donation helps us make a difference.